

HEALTH

FITNESS



CHECK OUT A COOKBOOK FROM THE LIBRARY. CHOOSE A RECIPE TO MAKE. & BRING IT TO THE COOKBOOK CHALLENGE EVENT IN FEBRUARY (DATE TBA).

BRING THE COOKBOOK TO DISPLAY ALONG WITH YOUR SAMPLES SO THAT SOMEONE ELSE CAN CHECK IT OUT IF THEY WANT TO TRY IT!

FOR NOW. CHECK OUT YOUR COOKBOOK & START BROWSING!

BOOK CLUBS

BETWEEN THE COVERS | RADCLIFF TUESDAY, JANUARY 7 @ 12PM THE GIRL WHO FELL FROM THE SKY HEIDI DURRO

EVENING BOOK CLUB | ZOOM TUESDAY, JANUARY 28 @ 6:30PM A LAND MORE KIND THAN HOME WILEY CASH

MURDER, MYSTERY, MAYHEM RADCLIFF MONDAY, JANUARY 13 @ 12PM 1222 | ANNE HOLT

> MYSTERY BOOK CLUB | HCPL TUESDAY, JANUARY 14 @ 2PM INK AND BONE | LISA UNGER

JUST FOR FUN BOOK CLUB | PANERA TUESDAY, JANUARY 21 @ 6PM FAMILY LINEN | LEE SMITH

NONFICTION ADDICTION | HCPL THURSDAY, JANUARY 9 @ 4PM WESLEY THE OWL | STACEY O'BRIEN



THURSDAY, JANUARY 23 @ 10AM

EARLY VEGGIES

ZUMBA | Jan 13 & 27 @ 9am

You'll work every part of your body with leg lifts, squats...

TAI CHI

Wednesdays @ 1pm

Gentle warm-up; series of movements designed for maximum benefit. Improves balance & flexibility.

SILENT BOOK CLUB

Bring a book or pick one up here, get cozy, & enjoy some snacks while you read at the library!

Introvert Happy Hour!

Introvert Happy Hou

Jan 9 | 10-11am

ADULT

EDUCATION

*TECH TUTORIALS by apptmt Need help with email, eBooks, word processing...?

*MAKING MONEY COUNT

Learn how to effectively budget to relieve stress and make purposeful decisions in your life.

CAREER ADVISING | Jan 16 | 4-5pm

Create or fine-tune your resume; strengthen your interviewing strategies.

GAMES for GROWNUPS

Mon, Jan 6 & 13 | 1-3pm Games
A selection of games will be
available, or bring your own!

BRIDGE CLUB

Fun &

Thursdays, January 2, 16, 30 @ 12pm For proficient players; might not play all hands.

BINGO

Friday, January 3 @ 2pm Come for a casual game time!

JIGSAW PUZZLE SWAP
Saturday, January 18| 10-11am
Bring your finished puzzles to swap!

Flder Law WORKSHOPS

@4:00PM

Jan I4: Estate Planning
Essentials

Jan 2I: Focus on Finance

Jan 23: Transferring Property after Death

*REGISTER ONLINE OR GIVE US A CALL!



*BARD'S CORNER

Thurs, Jan 2, 16 @ 6pm

Gather with other writers to share, learn, & be encouraged in this online meeting. To register, email: rvsshine1@aol.com with "The Bard's Corner" in the subject line.

> *CREATE: BOOK PAGE TASSELS Wednesday, January 29 @ 3pm Registration required.

COLOR ME CALM Friday, January 3 @ 1pm

Coloring is shown to improve concentration & lower stress levels in adults!

FIBER ARTS GROUP

Saturday, January 25 @ 9:30am

Bring your materials to knit, crochet, sew, felt, etc., in the company of fellow crafters!

*KEEP CALM & CRAFT ON: WATERCOLOR BOOKMARKS Wednesday, January 22 @ 3pm Registration required.

Books & Brew

Talk about what you've been reading;

reading; share a love of books!

Jan 3, 10, 17, 31 @ 10:30am (Zoom) *register for link

Jan 24 @ 10:30am Swope Cafe

BOOK SWAP

JAN 22 @ 5PM BE HERE AT THE START!!

BRING A BOOK, TAKE A BOOK! ENSURE BOOKS ARE IN GOOD CONDITION. LIMIT 5.



Return by February 28th!



